News Release

FOR IMMEDIATE RELEASE

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CYSTIC FIBROSIS FOUNDATION PEDALS FOR CURE WITH PALO ALTO COLLEGE

Lone Star Chapter and Alamo Colleges Raise Awareness, Funds and Camaraderie

San Antonio — The Lone Star Chapter of the Cystic Fibrosis Foundation rolls out a new branded fundraising cycle ride, the **Aptalis CF Cycle for Life on Saturday, Nov. 17, at Palo Alto College**, one of the Alamo Colleges. This first year cycling event, the last fundraising ride of the year for the greater San Antonio community, will raise critically important research dollars that will go toward supporting ongoing local efforts to help children in their battle against cystic fibrosis.

The cycling event will start and finish at **Palo Alto College** on **1400 West Villaret Boulevard** and will start at **7 a. m.** All riders are required to raise a minimum of \$150 and riders who raise \$350 will be eligible to receive an official CF Cycle for Life jersey. All riders will be able to choose from two route options; a 31- or 63-mile distance.

Funds raised through the Aptalis CF Cycle for Life event have already helped spur dramatic advances in cystic fibrosis research and care. Fifty years ago, children diagnosed with CF did not live long enough to attend elementary school. Today, the median predicted age of survival is more than 37 years old.

"With promising research on the horizon, it's more important than ever that we raise every dollar we can to fight cf and improve the lives of people with this disease," said Stephen Tyson, a 2012 rider and cf patient. "We are grateful for the contributions of each volunteer, donor and corporate sponsor who support the ride. It's great to see every cyclist doing their part in this life-saving effort."

Stephen Tyson, 29, underwent a double lung transplant surgery in March 2011. The eight-week recovery did not stop the Trinity University student from his passion for cycling – having cycled 100 miles per week this summer. Upon graduation, Tyson plans to focus on issues that affect the cf community.

According to Lone Star Chapter Executive Director, Hugh Farr, heroes like Stephen exemplify the courage and enthusiasm behind this unique cycle event and demonstrate the importance of the dollars so graciously given. "It continues to humble me to see cf patients like Stephen who have come so far thanks to the pioneering research of the CF Foundation. Thanks to the support of partners like Palo Alto College the ride going forward will surely be something very special for the growing cycle community in San Antonio and ultimately deliver even more support for Stephen and many more cf patients across our community," he added.

"We are excited to be a part of this wonderful event to support the battle against cystic fibrosis. Palo Alto College is an organization dedicated to the success of our community, and that includes supporting causes like the Cystic Fibrosis Foundation that are committed to ensuring all people have the ability to thrive," said Dr. Mike Flores, President of Palo Alto College.

Local sponsors include H-E-B, Epic Health Services, Brio Tuscan Grille and Ride Away Bicycles.

To help fight CF, get involved in the Aptalis CF Cycle for Life by calling Heather Roberts, Lone Star Chapter at (210) 829-7267 or email hroberts@cff.org.

Because of risks to people with cystic fibrosis (CF), individuals who have had a confirmed positive sputum culture for Burkholderia cepacia (B. cepacia) complex shall not attend this event [the 2012 Aptalis CF Cycle for Life event]. This is because B. cepacia can be passed between individuals who have CF through close proximity. B. cepacia infection in a person with CF can cause serious respiratory illness and, in some patients, may lead to death. Despite this policy, there might still be some individuals with B. cepacia in attendance. B. cepacia is not a risk for otherwise healthy individuals. For alternative ways to participate and for information about this policy, please contact the CF Foundation at (800) FIGHT-CF or visit www.cff.org. Consult your CF care center physician with medical questions.

What is Cystic Fibrosis?

Cystic Fibrosis is a life-threatening genetic disease that affects 30,000 adults and children in the United States and 70,000 people worldwide. It causes debilitating lung infections that lead to premature death. More than 10-million Americans are symptomless carriers of the CF gene.

About the Lone Star Chapter and Cystic Fibrosis Foundation

The Lone Star Chapter of the Cystic Fibrosis Foundation is the first chapter in the state covering the largest region in Texas with territory stretching from New Braunfels, South to Brownsville, West to Laredo and as far as El Paso. The Lone Star Chapter coordinates 12 events per year to raise awareness and funds to support local CF patients.

Cystic Fibrosis Foundation is the world's leader in the search for a cure for cystic fibrosis. The Foundation funds more CF research than any other organization and nearly every CF drug available today was made possible because of Foundation support. Based in Bethesda, Md., the Foundation also supports and accredits a national care center network that has been recognized by the National Institutes of Health as a model of care for a chronic disease. For more information, go to www.cff.org.

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