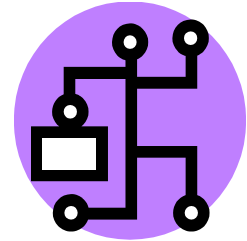


## Quick Tip of the Week

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### Did you know . . .

Reading can be made easier by finding a special place to read, keeping a reading journal, or rewarding yourself for doing great on an assignment. Use these strategies to remain a motivated reader. If you ever have any questions about these strategies, ask your Instructor or come see us at the Advocacy Center, JH 308 for help.



**Strategy # 9: A Special Reading Place-** Find somewhere new to read, somewhere you have never previously spent any time, some place that is quiet and secluded, free of any likely interruptions. There are several rarely used areas in the library, many classrooms at night that have no one in them. Or perhaps you want to find a noisy place that is so filled with noise that you can block out the distractions. You might also consider a few places off campus; Wendy's could be a great place to go for a drink, a few fries or a Caesar salad (for the health conscious types), and virtually no one to bother you. Once, you are settled, pull out the book and start reading. And then return to this same place on at least two more occasions; and be precise about where you sit--the same chair at the same table. Wherever you choose, do nothing here but read. No other studying allowed. No stereo music. No distractions; nothing but reading. See if the place begins to invite reading, that once you enter this space, you assume the reader's frame of mind.

**Strategy # 25: Keep a Reading Journal-** Keep a notebook handy for writing down new words, their definitions, and reflections on the words' meanings and how you might use them. It is also a good idea to copy the passage where you encountered the word. You can also use the journal for recording interesting quotes, ideas, and insights you want to remember from your reading. By keeping these quotes and ideas in a journal, you increase the likelihood of remembering and being able to retrieve what you have read.

**Strategy # 15: Reward Yourself-** Before reading your selected piece, determine a reward you will give yourself for the successful completion of the assignment. You determine the appropriate reward, whether food or 15 minutes of watching TV or shooting pool with a professor. But be honest with yourself: don't give yourself the reward until you have read and understood the text you chose for yourself; No prize until you've earned the prize.

[http://www.public.coe.edu/~wcenter/handouts\\_reading.php](http://www.public.coe.edu/~wcenter/handouts_reading.php)