



Community Resource Guide

Counseling Services 210-486-2333

Crisis Hotlines & Community Referrals

| Community Agency | Address | Phone Number | Services | Fees* |
|--|--------------|-------------------------|--|-------|
| National Suicide Prevention Lifeline | -- | 1-800-273-8255 | Crisis intervention available 24 hours per day | F |
| The Center for Health Care Services: Crisis Center | 601 Frio | 210-223-SAFE (7233) | Mental health crisis assessments, mobile team | F |
| United Way | 700 S. Alamo | 211 or 210-227-4357 | Referrals to government and community sites | F |
| Veteran's Crisis Line | -- | 1-800-273-8255, Press 1 | Referrals for veterans and their families | F |

Alcohol and Substance Use Treatment

| Community Agency | Address | Phone Number | Services | Fees* |
|---|-----------------------|-----------------------|--|-------|
| Alcoholics Anonymous (San Antonio area) | www.aasanantonio.org | 210-828-6235 | Search for local AA meetings | F |
| Alpha Home | 419 Magnolia St. | 210-735-3822 | Counseling and groups for adults, residential treatment for women only | \$ |
| The Center for Health Care Services | 601 Frio, Bldg. 1, #A | 210-246-1300 | Residential detox, treatment programs | F |
| Lifetime Recovery | 96 Crossroads | 210-734-6362 | Counseling and groups for adults, residential treatment for men only | \$ |
| Rise Recovery | 10226 Ironside Dr. | 210-227-2634 | Education and support for adults and youth | F |
| Substance Abuse and Mental Health Services Association (SAMHSA) | www.samhsa.gov | 1-800-662-HELP (4357) | Hotline and Treatment Center Locator | F |

Counseling Services and Mental Health Services

| Community Agency | Address | Phone Number | Services | Fees* |
|--|---------------------------------|--|--|---------|
| Advance Clinic (UTHSCSA Psychiatry Dept.) | Various locations | 210-450-6450 | Counseling and psychotherapy/psychiatry | \$ |
| Catholic Charities | Various locations | 210-377-1133 | Individual, group, parenting/pregnancy | SS |
| Children's Bereavement Center | 205 W. Olmos Dr. | 210-736-4847 (HUGS) | Ages 3-24, individual, group | \$F, SS |
| Eating Recovery Center and Insight Behavioral Health | 250 E. Basse Rd. | 303-825-8595 | Medical and mental health services for eating disorders; support groups | \$F |
| Ecumenical Center | 8310 Ewing Halsell | 210-616-0885 | Individual, family, group, neurofeedback, testing, and art, music, and drama therapies | \$F |
| Family Service Association | Various locations | 210-299-2400 | Individual, family, group, anger management | SS |
| Laurel Ridge Treatment Center | 17720 Corporate Woods Dr. | 210-491-9400 | Crisis stabilization for adults and youth, programs for veterans and substance abuse | \$ |
| National Alliance on Mental Health (NAMI) | Various locations | 210-734-3349 | Education and support groups | F |
| Our Lady of the Lake Community Counseling Services | 590 N. General McMullen Dr., #3 | 210-434-1054 | Individual, family, couple, walk-ins welcome - call for walk-in schedule | SS |
| San Antonio Behavioral Healthcare Hospital | 8550 Huebner Rd. | 210-541-5350 | Crisis services for adults and youth, substance abuse treatment and TMS | \$ |
| St. Mary's Family Life Center | 251 W. Ligustrum | 210-438-6411 | Individual, family, neurofeedback and play therapy | SS |
| The Center for Health Care Services (Intake) | 928 Commerce | 281-261-1250 (adult) 281-261-3350 (child) | Psychiatric services, individual, group, case management | \$F |
| UTSA Sarabia Family Counseling Center | 501 W. Cesar E. Chavez Blvd. | 210-458-2055 | Individual, family, play therapy | F |

Domestic Violence/ Intimate Partner Violence

| Community Agency | Address | Phone Number | Services | Fees* |
|---|-----------------------------------|--------------|---|-------|
| Bexar County Family Justice Center | 126 E. Nueva, 2 nd Fl. | 210-631-0100 | Criminal and civil legal services for domestic violence victims, counseling available | F |
| Family Violence Prevention Services, Inc. | 7911 Broadway | 210-733-8810 | Emergency shelter, mental health, and housing services for domestic violence victims | F |
| The Rape Crisis Center | 4606 Centerview Dr., Ste. 200 | 210-349-7273 | Crisis hotline, hospital support, counseling for survivors and their families and friends | F |

*Fees Legend: **F**-Free **\$F**-Some Services are free **SS**-Sliding Scale **\$**-Fees are charged

Last updated: 1/2019



Housing, Food, and Family Services

| Community Agency | Address | Phone Number | Services | Fees* |
|--|--|---------------------|--|-------|
| Christian Assistance Ministry (CAM) | 110 McCullough | 210-223-4099 | Food, clothing, financial assistance | F |
| CPS Energy Customer Assistance Program | Various locations | 210-353-2222 | Utility assistance | F |
| Ella Austin Community Center | 1023 N. Pine St. | 210-224-2351 | Youth and senior programs, utility and food assistance | F |
| Haven for Hope | 1 Haven for Hope | 210-220-2357 | Emergency shelter, transitional housing | F |
| Inman Christian Center | 1214 Colima | 210-222-9641 | Childcare, food pantry/ baby items, housing | F |
| Martinez Street Women's Center | 801 N. Olive | 210-908-9772 | Health and parenting workshops | F |
| MCH Family Outreach | 4606 Centerview Dr. , Ste. #100 | 210-733-3904 | Crisis intervention for families, support for parent and grandparents, case management | F |
| Salvation Army | Various locations | 210-352-2000 | Emergency shelter, transitional housing, food, utility assistance | F |
| SAM Ministries | 5254 Blanco Rd. | 210-340-0302 | Rent, utility and housing assistance | F |
| Family Assistance Centers | 106 S. St. Mary's, 7 th fl. | 210-207-7830 | Utility assistance; career readiness | F |
| San Antonio Financial Empowerment Centers | Various locations | Visit website | One-on-one financial counseling | F |
| San Antonio Food Bank | Various local sites | 210-431-8326 | Emergency food assistance for people and pets | F |
| San Antonio Water System Uplift Program | www.uplift.saws.org | 210-233-CARE (2273) | Apply for programs to lower water payments | F |
| South Alamo Regional Alliance for the Homeless (SARAH) | www.sarahomeless.org | 210-876-0720 | Housing resources available | F |

Legal Services

| Community Agency | Address | Phone Number | Services | Fees* |
|----------------------------------|-------------------|----------------|--|-------|
| Community Justice Program | Various locations | 210-227-1853 | Legal advice on family law, wills; veterans | F |
| San Antonio Community Law Center | 322 W. Woodlawn | 210-271-9595 | Legal services for those who cannot use Legal Aid | SS |
| Texas Rio Grande Legal Aid | 1111 N. Main Ave. | 1-888-988-9996 | Family law, civil rights, wills, sexual assault, labor | F |

Medical and Other Health Services

| Community Agency | Address | Phone Number | Services | Fees* |
|---|-------------------|---|--|-------|
| Alamo Area Resource Center | 303 N. Frio | 210-625-7200 | Health and social services for those living with HIV/AIDS | F |
| La Mision Family Health Care | -- | 210-626-0600 | Medical, dental, assistance based on need | \$ |
| Methodist Community Health Center | 507 St. James | 210-354-3911 | Minor medical care for uninsured | F |
| Methodist Healthcare Ministries | Two locations | 210-527-1505 (Dixon) 210-922-6922 (Wesley) | Medical, dental and mental health services for those who do not have insurance | SS |
| Needy Meds | www.needymeds.org | 1-800-503-6897 | Free/low-cost health care providers and medicine discount program | F |
| RxAssist | www.rxassist.org | -- | Free/low-cost medication programs | F |
| RxHope | www.rxhope.org | -- | Prescription assistance programs | F |
| University of Incarnate Word Bowden Eye Care and Health Institute | 2547 E. Commerce | 210-619-7020 | Discount program for eye exam, glasses and contacts | \$ |

Veterans Assistance

| Community Agency | Address | Phone Number | Services | Fees* |
|--|------------------------------------|----------------|--|-------|
| Family Endeavors (Military Family Clinic) | 6363 De Zavala Rd., Ste. 300 | 210-399-4838 | Counseling, case management, financial assistance | F |
| SPC Good Samaritan Veteran's Outreach & Transition Center (GSVOTC) | 202 Connelly St. (near SPC campus) | 210-486-2185 | Discover and access community resources for veterans, their families and the community | F |
| Vet Center | Two locations | 1-877-WAR-VETS | Counseling, individual, group | F |

St. Philip's College does not endorse and cannot guarantee the quality or reliability of any agency or service provider.