

# Student Success Newsletter

St. Philip's College, 1801 Martin Luther King Dr., San Antonio, TX 78203

St. Philip's College - Southwest Campus, 800 Quintana Road, San Antonio, TX 78211

## Academic Advising Services

For more information, contact Christina Cortez @ 210-486-2894.

### Office Hours:

Monday, Tuesday, Thursday & Friday 8:00 am – 5:00 pm

Wednesday 8:00 am – 7:00 pm

1<sup>st</sup> Saturday of the Month 9:00 am – 1:00 pm

### Location:

MLK – Welcome Center

SWC – Bldg. 1-B172

### Alamo ENROLL Assistance:

MLK - NTB 116

SWC – Bldg. 1 –B172

## IMPORTANT DATES

March 1	St. Philip's College 118 <sup>th</sup> Anniversary
March 11	St. Philip's College Annual Golf Tournament
March 14 - 20	Spring Break - College Closed
March 21	Spring Flex II Begins
March 25 - 27	Easter Holiday – College Closed
March 26	Cesar Chavez March

## Quality Enhancement Plan - Ethical Decision-Making

St. Philip's College is in the process of reaffirmation by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC). Part of this process is the QEP (Quality Enhancement Plan) to promote student success. Our QEP topic is Ethical Decision-Making.

QEP Focus: Ethical decision-making is the ability to connect values and choices to actions and consequences.

QEP Goal: Students engage in specific measurable academic activities to enhance their ethical decision-making skills.

### Ethical Decision Making Process

- Stop and think to determine the facts
- Identify the options
- Consider consequences for yourself and others
- Make an ethical choice and take appropriate action



## Student Services in the SLC – MLK Campus

For more information contact Charleen Brammer @ 210-486-2275.

### Office Hours:

Monday, Tuesday, Thursday & Friday 8:00 am – 5:00 pm

Wednesday 8:00 am – 7:00 pm

1<sup>st</sup> Saturday of the Month 9:00 am – 1:00 pm

### SUITE 102

Counseling Services, Disability Services, Service Learning, and Financial Literacy

### SUITE 127

Student Health Center



George Johnson III  
Interim Vice President of Student Success



Dr. Paul Machen II  
Dean of Student Success



Joshua Scott  
Interim Dean of Southwest Campus



Beaurrice M. Butler  
Director of Enrollment



Dr. Angela McPherson Williams  
Director of Student Success



## 8th Annual Scholarship Golf Tournament

Friday, March 11, 2016

7:00 a.m. (Tee Time 8:00 a.m.)

The Republic Golf Course - San Antonio, TX

# Academic and Career Advising Services

For more information, contact Christina Cortez @210- 486-2894.



ALAMO  
COLLEGES

## AlamoINSTITUTES

An organization of six career pathways designed for students who have key interests, such as, but not limited to the following areas:

<p><b>Creative &amp; Communication Arts Institute</b></p>	<p><i><u>The Arts, Audio/Video Technology and Communications*</u></i></p>
<p><b>Business &amp; Entrepreneurship Institute</b></p>	<p><i><u>Business Management &amp; Administration, Finance, Hospitality &amp; Tourism, and Marketing*</u></i></p>
<p><b>Health &amp; Biosciences Institute</b></p>	<p><i><u>Health Sciences*</u></i></p>
<p><b>Advanced Manufacturing &amp; Logistics Institute</b></p>	<p><i><u>Architecture, Construction, Manufacturing, Transportation, Distribution &amp; Logistics*</u></i></p>
<p><b>Public Service Institute</b></p>	<p><i><u>Education, Training, Government, Public Administration, Human Services, Law, Public Safety, Correction and Security*</u></i></p>
<p><b>Science &amp; Technology Institute</b></p>	<p><i><u>Agriculture, Food &amp; National Resources, Information Technology, Science, Technology, Engineering and Mathematics*</u></i></p>

\*National Career Cluster

# Academic and Career Advising Services (cont'd)

For more information, contact Christina Cortez @ 210-486-2894.

**Be Wise, Get Advised: Have you met with your advisor? Contact your advisor today. Below are the steps to identify who your advisor is:**

1. Log into ACES
2. Click on the My Page tab (4th tab from the left)
3. Under Academic Profile (on the left) select the current term & press Go
4. Your advisor's name will appear under the "Advisors" title
5. Visit your advisor

## **Institute 1: Creative & Communication Arts**

Monica Guerrero [mguerrero151@alamo.edu](mailto:mguerrero151@alamo.edu)

Larry Medina [lmolina46@alamo.edu](mailto:lmolina46@alamo.edu)

## **Institute 2: Business and Entrepreneurship**

Yolanda Ward [yward@alamo.edu](mailto:yward@alamo.edu)

Margaret Houser [mhouser@alamo.edu](mailto:mhouser@alamo.edu)

Robert Bryant [rbryant21@alamo.edu](mailto:rbryant21@alamo.edu)

## **Institute 3: Health and Biosciences**

Janet Hart [jhart26@alamo.edu](mailto:jhart26@alamo.edu)

Frances Calderon [fcalderson4@alamo.edu](mailto:fcalderson4@alamo.edu)

Irma Lopez [isanchez17@alamo.edu](mailto:isanchez17@alamo.edu)

Edmund Dunn [edunn11@alamo.edu](mailto:edunn11@alamo.edu)

Teresa Hopwood [thopwood2@alamo.edu](mailto:thopwood2@alamo.edu)

Alicia Stolte [astolte2@alamo.edu](mailto:astolte2@alamo.edu)

Paul Lede [plede@alamo.edu](mailto:plede@alamo.edu)

## **Institute 4: Advanced Manufacturing and Logistics**

### **Automotive Technology**

Yvonne Benton [ybenton@alamo.edu](mailto:ybenton@alamo.edu)

Christine Saucedo [csaucedo1@alamo.edu](mailto:csaucedo1@alamo.edu)

## **Institute 4: Advanced Manufacturing and Logistics Southwest Campus**

Gina Jasso [gherrera@alamo.edu](mailto:gherrera@alamo.edu)

Valerie Vasquez [vvasquez124@alamo.edu](mailto:vvasquez124@alamo.edu)

Sarah Ramirez [sramirez260@alamo.edu](mailto:sramirez260@alamo.edu)

Carlos Solis [csolis@alamo.edu](mailto:csolis@alamo.edu)

## **Institute 5: Public Service**

Yvonne Benton [ybenton@alamo.edu](mailto:ybenton@alamo.edu)

Christine Saucedo [csaucedo1@alamo.edu](mailto:csaucedo1@alamo.edu)

## **Institute 6: Science and Technology**

Meredith Bess [mbess@alamo.edu](mailto:mbess@alamo.edu)

Deborah Woods [dwoods54@alamo.edu](mailto:dwoods54@alamo.edu)

Sunny Hernandez [shernandez823@alamo.edu](mailto:shernandez823@alamo.edu)

## Academic and Career Advising Services (cont'd)

For more information, contact Christina Cortez @ 210-486-2894.

**Event:** New Student Orientation  
**Date:** March 2016  
**Time:** Tuesdays: 9:30 am - 11:30 am  
Wednesdays: 4:30 pm – 6:30 pm  
**Location:** CLR 108 – MLK Campus

**Summary:** Check your student email as you will be receiving periodic emails from your assigned certified advisor with important information.

**Link:** <http://spcdev1.alamo.edu/NewStudentOrientation/Registration.aspx>

## Veterans Affairs Office

For more information, contact Javier Barron @ 210-486-2540.

Veterans Affairs Advisors

Tony Gable [lgable@alamo.edu](mailto:lgable@alamo.edu)

Allison Joubert [ajoubert@alamo.edu](mailto:ajoubert@alamo.edu)

Gloria De Luna [mdeluna@alamo.edu](mailto:mdeluna@alamo.edu)

Visit the St. Philip's College VA website: <http://www.alamo.edu/spc/veterans-affairs/>

## Career Services

For more information, contact Shawnta Davis @ 210-486-7107.

Are you ready for what the employer needs? Do you have the skills to get your application, resume, and cover letter noticed for employment? If not, join the Career Services team in the following workshops to become ready:

**Event:** Interview Help 101  
**Date:** Wednesday, March 9, 2016  
**Time:** 12:30 pm to 1:30 pm  
**Location:** Center for Learning Resources room 108

For more information on the workshops above contact the Advising Office at 210-486-2008 (MLK) or 210-486-7128 (SWC).



**The Annual Scholarship Golf Tournament** is an event to raise scholarship funds to help support the needs of our students at St. Philip's College. Every year to celebrate the anniversary of the college, we are proud to host the annual golf tournament for anyone to come out and show off your golf swing, while contributing to a good cause. Your contribution will fund tuition and textbook costs for students seeking degrees and certificates from more than 100 career options. Funds raised during the golf tournament contribute to the St. Philip's College Scholarship fund.

## Women's History Month

For more information, contact Jill Zimmerman@210-486-2345.

St. Philip's College will observe the 2016 Women's History Month with a lineup of events February 29 – March 31, beginning with an kick-off event on February 29 at the college's [MLK Campus](#) at 1801 Martin Luther King Drive.

### Scheduled Events Tuesday, March 1, 2016

#### **"The Many Contributions of Artemisia Bowden" Exhibit & Opening Reception**

Center for Learning Resources (Library) Lobby – MLK Campus

10:30 am

*Event is free and open to the public. The exhibit will run through March 31, 2016.*

### Monday, March 7, 2016

#### **"Opus Mulierrum: Why 'a Woman's Work' is in the Biochemistry Lab"**

Norris Technical Building (NTB) 421 – MLK Campus

10:00 am – 10:50 am, 11:00 am – 11:50 am and 12:00pm – 1:15 pm

*Event is free and open to the public.*

### Wednesday, March 9

#### **Keynote Speaker: Chief Vera Bumper, Houston Metro Police Department**

Heritage Room – MLK Campus

11:00 am – 12:00 pm

*Event is free and open to the public.*

### Thursday, March 24

#### **STEM Speaker: Kimberly Stoker**

Bowden Alumni Center – MLK Campus

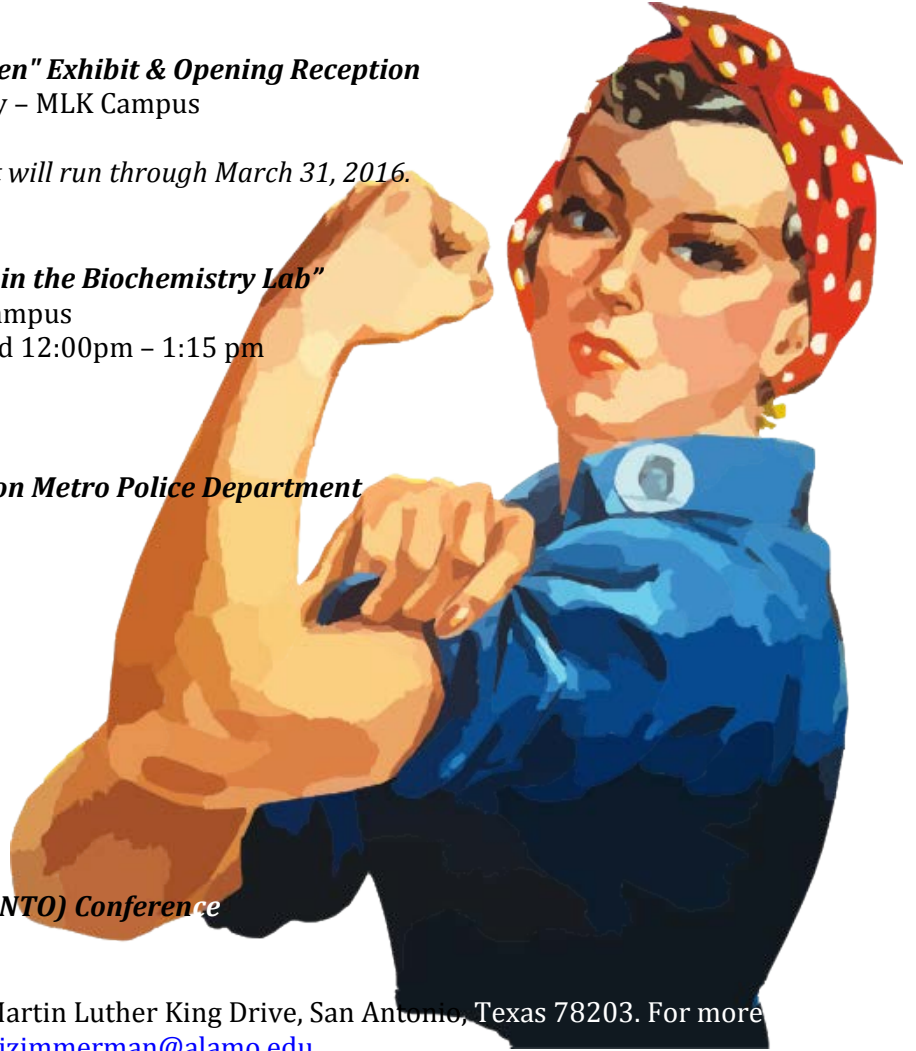
1:30 pm – 2:30 pm

*Event is free and open to the public.*

### Friday, April 1, 2016

#### **Women In Non-Traditional Occupations (WINTO) Conference**

Building #1 – SW Campus



Visit the [Martin Luther King campus](#) at 1801 Martin Luther King Drive, San Antonio, Texas 78203. For more information, please contact Jill Zimmerman at [jzimmerman@alamo.edu](mailto:jzimmerman@alamo.edu).



March 14 – 20, 2016

Have a safe &  
restful Spring  
Break!



St. Philip's College

AlamoCARES

For more information, contact George H. Johnson, III, Interim Vice President of Student Success @ 210-486-2252.

St. Philip's College is committed to providing a supportive learning environment and to fostering, safe, healthy relationships among our students. In this effort, Alamo Colleges initiated AlamoCARES, a prevention, education and support program regarding dating violence, domestic violence, sexual assault and stalking. It is our sincere hope that AlamoCARES will empower you to make well-informed decisions about life issues that affect your college years and beyond.

Within the AlamoCARES site, you will find information on rights granted by **Title IX** and resources to help educate and assist you when dealing with harassment and sexual violence. Coming soon are events, training and opportunities to bring awareness when dealing with difficult issues and creating discussion opportunities with students. Visit us at <http://alamo.edu/spc/alamocares/> for more information.

The Alamo Colleges encourage individuals to bring forward information/complaints about sexual harassment and sexual violence. **Retaliation** against any **individual who reports or participates** in the investigation of alleged violations is **strictly forbidden** and will be **enforced** by the College administration.

If you believe you have experienced **Sexual Misconduct** you may consider the following options:

- Contact **Campus Police** at (210) 485-0099 (non-emergency) or (210) 485-0911 (emergency)
- Seek **medical attention** at a hospital or with a physician
- **Report the incident** at [www.alamo.edu/TitleIXCoordinator/](http://www.alamo.edu/TitleIXCoordinator/)
- **Contact SPC Counseling Services** at (210) 486-2333 (Confidential)
- Contact **parents, relatives or close friends** for support

**H.1.1 Equal Education and Employment Opportunities (Policy)** [www.alamo.edu/district/policies/](http://www.alamo.edu/district/policies/)  
Alamo CARES has additional **Title IX** information and resources at: [www.alamo.edu/spc/AlamoCARES](http://www.alamo.edu/spc/AlamoCARES)

St. Philip's College presents: 16 Nuggets

1. Consent is knowing, freely given, not passive, in clear words or actions, indicates permission to engage in mutually agreed upon sexual activity.
2. Forced consent involves physical violence, threats, intimidation and coercion (consider frequency, intensity, isolation, duration).
3. Incapacity is blackout/partial blackout, no working memory, the inability to understand who, what, when, where, why or how. All facts are considered.
4. Forms of incapacity are alcohol or other drugs (voluntarily or without victim's knowledge), mental/cognitive impairment, injury or sleep.
5. Remember this rule, no means no, but nothing also means no. Silence and passivity do not equal permission.
6. Remember this rule: To have valid consent, consent must be given prior to or with the sexual activity.
7. Remember this rule: Consent can be withdrawn at any time, as long as that withdrawal is clearly communicated by the person withdrawing it.

## 16 Nuggets (cont'd)

8. Evidence of incapacity may be: From a witness or the accused who may know how much the other party has consumed, slurred speech, bloodshot eyes, the smell of alcohol on the breath, vomiting, outrageous or unusual behavior, blackouts or black time, or unconsciousness.
9. Sexual harassment can be a hostile environment, quid pro quo or retaliatory in nature.
10. Sexual harassment can include stalking, bullying and cyber-bullying, relationship violence or hazing.
11. Relationship violence is also called domestic violence, or intimate partner violence.
12. Sexual harassment is unwelcome, sexual or gender based, verbal, written or physical conduct that is severe or an ongoing pattern, unreasonably interferes with education or employment or the ability to participate in or benefit from the college's educational, social and/or residential program and is based on power differences.
13. 20% of college women and 6% of college men will be victims of attempted or actual sexual assault.
14. The accused sexual assailant loses time from class, may be expelled, may impact ability to obtain a medical license or get recommendations, and faces the stigma of "rapist", and possible jail time.
15. 4 in 10 violent crimes against college students are committed by offenders using drugs or alcohol.
16. Survivors of sexual assault often experience falling grades, drop out or fail out, mental health issues (depression, PTSD), alcohol and drug use, or contemplate suicide.

Alamo CARES has additional Title IX information and resources at: [www.alamo.edu/spc/AlamoCARES](http://www.alamo.edu/spc/AlamoCARES)

## Men of SPC

*For more information, contact Dr. Paul Machen @210-486-2468.*

**Event:** SPURS Night  
**Date:** Monday, March 7, 2016  
**Time:** 6:00 pm  
**Location:** Tiger Bistro Building #1 – SW Campus  
**Summary:** SPC students, faculty and staff are invited to enjoy the game (Spurs vs. Pacers), fellowship and discuss success strategies for the remainder of the semester. Refreshments and door prizes will be available for attendees.

**Event:** Careers in Sports: A behind the scenes look at the AT&T Center  
**Date:** Wednesday, March 9, 2016  
**Time:** 3:30 pm  
**Location:** AT&T Center  
**Summary:** SPC students are invited to explore careers behind the scenes in sports. The day will feature a presentation by Spurs veteran, George Gervin; a tour of the AT&T facility; and free tickets to the San Antonio Rampage game on the same night. Transportation to and from the event will be provided. Meet at the MLK Campus.

**Event:** SPURS Night  
**Date:** Monday, March 21, 2016  
**Time:** 6:00 pm  
**Location:** Heritage Room in Campus Center – MLK Campus  
**Summary:** SPC students, faculty and staff are invited to enjoy the game (Spurs vs. Hornets), fellowship and discuss success strategies for the remainder of the semester. Refreshments and door prizes will be available for attendees.

## Men of SPC (cont'd)

For more information, contact Dr. Paul Machen @ 210-486-2468.

**Event:** Men of SPC Social Event  
**Date:** Wednesday, March 23, 2016  
**Time:** 12:00 pm – 1:30 pm  
**Location:** Building #1 Tiger Bistro – SW Campus  
**Summary:** All male students are invited to come socialize with male employees from across the organization and discuss actions they can take to be successful in college and beyond. Come learn about the *College* and complete an *Academic Wellness Check* with a Certified Advisor. Additionally, students can connect with employees who have a common interest or hobby and find out how they can become involved in these activities while at SPC. All students will be entered into a drawing for a \$50 bookstore gift-card and other prizes. A light lunch will be served. No need to sign up, just show up and learn from experts across the college. Please contact Dr. Paul Machen, at 210-486-2157 or Mr. John Martin, at 210-486-2241 for more information.

## Student Life – MLK Campus

For more information, contact Dr. Angela McPherson Williams @ 210-486-2090.

**Event:** Spirit Day  
**Date:** Wednesdays  
**Time:** 11:00 am – 1:00 pm  
**Location:** CLR Breezeway – MLK Campus  
**Summary:** Wear your favorite St. Philip's shirt or wear school colors – royal blue & white.

**Event:** Spring Flex II Welcome Tent  
**Date:** March 21 -22, 2016  
**Time:** 7:00 am – 6:00 pm or until all new classes have begun.  
**Location:** CLR Breezeway – MLK Campus  
**Summary:** The Department of Student Life will assist in printing schedules, getting directions and maps, and provide snacks under the blue tents.

**Event:** Basketball Game: Lady Tigers at San Antonio College  
**Date:** Wednesday, March 2, 2016  
**Time:** 6:00 pm  
**Location:** San Antonio College  
**Summary:** Cheer the Tigers to Victory!

**Event:** Basketball Game: SPC Tigers at Northwest Vista College  
**Date:** Wednesday, March 2, 2016  
**Time:** 8:00 pm  
**Location:** Northwest Vista College  
**Summary:** Cheer the Tigers to Victory!

**Event:** Volleyball game: SPC Lady Tigers vs. Northwest Vista College  
**Date:** Thursday, March 3, 2016  
**Time:** 7:00 pm  
**Location:** SPC Health and Fitness Center – MLK Campus  
**Summary:** Students, faculty, staff and SPC sports fans are invited to a watch the game.



## Student Life – MLK Campus (cont'd)

For more information, contact Dr. Angela McPherson Williams @ 210-486-2090.

**Event:** Basketball Game: Lady Tigers vs. Southwest Texas Junior College  
**Date:** Wednesday, March 10, 2016  
**Time:** 6:00 pm  
**Location:** SPC Health and Fitness Center – MLK Campus  
**Summary:** **Fan & Staff Appreciation Night!** SPC staff, faculty and administrators are invited to the last regular season home game. The night will feature a halftime performance, give-a-ways and a special presentation.

**Event:** Basketball Game: SPC Tigers vs. San Antonio College  
**Date:** Wednesday, March 10, 2016  
**Time:** 8:00 pm  
**Location:** SPC Health and Fitness Center – MLK Campus  
**Summary:** **Fan & Staff Appreciation Night!** SPC staff, faculty and administrators are invited to the last regular season home game. The night will feature a halftime performance, give-a-ways and a special presentation.

## Tutoring Services – MLK Campus

For more information, contact Kevin Schantz @ 210-486-2246.

### Tutoring Services

**Event:** General Tutoring and a great place to study  
**Days & Times:** Monday - Thursday 8:00 am – 7:00 pm  
Friday 8:00 am – 5:00 pm  
Saturday 10:00 am – 3:00 pm  
**Location:** Norris Technical (NTB) Building, room 116 – MLK Campus  
**Summary:** Tutoring in speech, history, accounting (I & II), Spanish classes



**Event:** Seminars on Success (SOS)  
**Days & Times:** Monday 10:45am – 11:45am  
Tuesday 9:45am – 10:45am & 12:15pm – 1:15pm  
Wednesday 2:00pm – 3:00pm  
Thursday 12:15pm – 1:15pm  
**Location:** NTB 117  
**Summary:** These seminars will help you develop the skills you need to excel as a college student. Topics in March will include Succeeding in Class, Study Smarter, Reading a Textbook, Managing your Time, and



## Center for Learning Resources – MLK Campus

For more information, contact Jill Zimmerman @ 486-2345

**Event:** SPC Spring 2016 Library Hours  
**Days & Times:** Monday – Thursday 7:00 pm – 8:00 pm  
Friday 7:00 am – 5:00 pm  
Saturday 9:00 am – 3:00 pm  
Sunday Closed

## Center for Learning Resources – MLK Campus

*For more information, contact Jill Zimmerman @ 486-2345*

**Tip: Research – help from librarians**

Information sources are available 24/7 through the library's website. Help is available through phone, face-to-face, text, or chat through the Ask-A-Librarian button available on the website or through online research sources. Library services are available whether you need basic assistance using MS Office 2013 applications, printing, or a quiet place to study.

## Disability Services – MLK Campus

*For more information, contact Maria Botello @ 486-2199*

**Event:** Disability Services (DS) at St. Philip's College- MLK Campus (A resource for students in need of information on disability services, ADA accommodations, and community referrals.)  
**Date:** Spring 2016  
**Time:** 8:00 am – 5:00 pm (Monday – Friday)  
**Location:** Sutton Learning Center – MLK Campus  
**Summary:** The Disability Services office offers guidance and services to students with disabilities.

## Counseling Services – MLK Campus

*For more information, contact Melissa Sutherland @ 210-486-2378*

**Days:** Monday-Friday (Spring 2016)  
**Times:** 8:00 am – 5:00 pm (walk-in crisis counseling, otherwise by appointment @ 210-486-2333)  
**Location:** Sutton Learning Center (SLC), Room #102 – MLK Campus  
**Summary:** Come by to make an appointment (210-486-2333), pick up informational brochures, or just to get to know us. Counselors assist with crisis counseling, substance abuse, relationship, grief, anxiety and depression. We also provide community referrals. For more information follow the link on our department website: <http://www.alamo.edu/spc/counseling-services/>.

**Event:** **Kickin' It With the Counselors**  
**Days:** Wednesday, March 9, 2016  
**Times:** 12:30 pm – 1:30 pm  
**Location:** Sutton Learning Center #126 – MLK Campus  
**Summary:** We are discussing Test Anxiety. Chat with the SPC Counseling team: Melissa, Vincent and Rosalinda. Do you become overly anxious before a test? How does anxiety affect you, and what can you do about it? Join us and learn more.

**Event:** **Alcohol Awareness**  
**Days:** Wednesday, March 23, 2016  
**Times:** 10:00 am – 1:00 pm  
**Location:** Bowden Courtyard – MLK Campus

## **Counseling Services – MLK Campus (cont’d)**

*For more information, contact Melissa Sutherland @ 210-486-2378*

**Summary:** Counseling Services and SPC AlamoCARES invite you to our Alcohol Awareness event at MLK. We will have free, anonymous online alcohol screenings and other fun-packed informational booths in the courtyard between the Bowden Building and Campus Center. Learn more about counseling services on campus, and about our Drug & Alcohol Abuse Prevention Program. Questions or concerns? Let us know how we can assist you. Call 486-2333 for an appointment. Have a fun and very safe Spring Break!

### **Alcohol and Drug Abuse Prevention Program - 16 Nuggets**

Counseling Services at St. Philip’s College wants students to know about our Alcohol and Drug Abuse Prevention Program. We also want students to know they are not alone, treatment works, there is help, and hope for individuals struggling with alcohol or drug use or abuse. Counselors work to help remove barriers to learning and safety for all. Come by to see a Counselor (Sutton Learning Center, #102), or call (210) 486-2333 for an appointment. Here are important words of truth, or nuggets of information:

1. What’s the problem with drinking? Alcohol affects feelings - sometimes as soon as the first drink. A person can suddenly become angry, depressed or happy. Alcohol can also lower judgment and self-control.
2. Treatment has three parts: The person must stop using the drug and receive treatment for withdrawal symptoms if necessary. The person must learn how the drug worked in his or her life. The person must learn how to avoid using the drug again.
3. Good reasons not to drink or use drugs: You avoid embarrassment. (You won’t throw up, say or do something you regret or get arrested.) It’s safer. You lower your risk of injury and death (from car crashes, fights, alcohol poisoning and overdose). You don’t break the law. You do better at school or work.
4. The person who is drinking is not the only person who is at risk.
5. Get counseling. Treatment works.
6. Suicide: Alcohol, used alone or with other illegal drugs, can increase a person’s risk of suicide. Drinking can make bad feelings last longer or seem worse. People who use alcohol to deal with depression are less likely to get help.
7. Murder: Guns, angry feelings and alcohol are a dangerous combination. Two out of three murder victims are killed with guns. Most murders happen when two people get into an argument that turns into a fight.
8. Alcohol and angry feelings can lead to physical abuse among families, friends and dating partners. When guns or other weapons are involved, the violence can lead to serious injury or death.
9. Eight out of ten rapists know the person they rape. Often the rapist, the victim or both have been drinking.
10. Someone who is drinking and feels angry might be more likely to argue, fight or be violent in other ways.
11. Call 911 if you think you or someone you know has been given a date rape drug. Stay with the person until help arrives.
12. Using drugs can make it hard to learn and remember things. School or work may seem harder. You can even get more colds and flus.
13. Refusing a drink is easier if you plan what you will say ahead of time and practice.

## Alcohol and Drug Abuse Prevention Program - 16 Nuggets (cont'd)

14. Taking too much of a prescription drug or using it with other drugs or alcohol can cause the drug to interfere with important body functions such as breathing, heart rate and blood pressure.
15. Binge Drinking: Drinking a lot in a short amount of time, often with the intention of getting drunk.
16. The only thing that can get alcohol out of the system is time – about one hour for each drink. Black coffee, a shower or fresh air won't sober someone up.

## Campus Ministry (525 S. Mittman Street)

*For more information, contact Carolyn James @ 533-9819*

**Event:** Campus Ministry at St. Philip's College

**Date:** Monday - Thursday

**Time:** 10:00 am - 3:00 pm

**Event:** Prayer in the Chapel

**Date:** Monday thru Thursday/ Campus Ministry

**Time:** 10:00 am - 3:00 pm

**Summary:** Join us for individual and group prayers throughout the day

**Event:** W.O.W. (Worship on Wednesday)

**Date:** Every Wednesday

**Time:** 12:15 pm - 12:45 pm/ Free Lunch Following Service

**Location:** 525 S. Mittman (across from SPC Bookstore) – MLK Campus

**Summary:** Join us for Bible Study and Discussion /Free lunch to follow!

## Student Services @ Southwest Campus (SW Campus)

*For more information, contact Shawnta Davis @ 210-486-7107.*

### Office Hours:

Monday, Tuesday, Thursday & Friday 8:00 am – 5:00 pm

Wednesday 8:00 am – 7:00 pm

1<sup>st</sup> Saturday of the Month 9:00 am – 1:00 pm

Location: Bldg. 1, Room B172

SWC Advising hotline: 210-486-7281

**Financial Aid:** Representative available on Wednesdays from 8:00am-7:00pm

### Bursar's Hours of Operation

Monday 8:30 am to 1:30 pm

Tuesday 8:30 am to 1:00 pm

Wednesday 1:30 pm to 6:30 pm

Thursday 9:00 am to 2:00 pm

## **Library:**

For more information, contact @ 486-7023

### **Hours:**

Monday – Thursday	8:00 am – 7:00 pm
Friday	8:00 am – 5:00 pm
Saturday & Sunday	Closed

Location: Bldg. 1, Room C123 (SW Campus)

Tip: **Research – help from librarians**

Information sources are available 24/7 through the library's website. Help is available through phone, face-to-face, text, or chat through the Ask-A-Librarian button available on the website or through online research sources. Library services are available whether you need basic assistance using MS Office 2013 applications, printing, or a quiet place to study.

## **Academic and Career Advising Services – SW Campus**

*For more information, contact Shawnta Davis @ 210-486-7107.*

### **Event: New Student Orientation**

Date: March 2016

Time: Monday: 9:30 am – 11:30 am

Location: Building 1 B-172 – SW Campus

Summary: Link: <http://spcdev1.alamo.edu/NewStudentOrientation/Registration.aspx>

## **Career Services**

*For more information, contact Shawnta Davis@ 210-486-7107.*

Are you ready for what the employer needs? Do you have the skills to get your application, resume, and cover letter noticed for employment? If not, join the Career Services team in the following workshops to become ready:

Event: Interview Help 101

Date: Wednesday, March 23, 2016

Time: 3:00 pm – 4:30 pm

Location: Building 1 B172 – SW Campus

For more information on the workshop above contact the Advising Office at 210-486-2008 (MLK) or 210-486-7128 (SWC).

## **Counseling Services – SW Campus**

*For more information, contact Melissa Sutherland @ 210-486-2378*

Event: **Alcohol Awareness**

Days: Tuesday, March 8, 2016

Times: 10:00 am – 1:00 pm

Location: Crossroads Building #1 – SW Campus

## Counseling Services – SW Campus (cont'd)

For more information, contact Melissa Sutherland @ 210-486-2378

**Summary:** Counseling Services and SPC AlamoCARES invite you to our Alcohol Awareness event at MLK. We will have free, anonymous online alcohol screenings and other fun-packed informational booths in the courtyard between the Bowden Building and Campus Center. Learn more about counseling services on campus, and about our Drug & Alcohol Abuse Prevention Program. Questions or concerns? Let us know how we can assist you. Call 486-2333 for an appointment. Have a fun and very safe Spring Break!

## Student Life – SW Campus

For more information, contact John Martin @ 210-486-2241.

**Event:** Spring Flex II Welcome Table

**Date:** March 21, 2016

**Time:** 8:00 am – 1:00 pm or until all new classes have begun.

**Location:** Building #1 Crossroads – SW Campus

**Summary:** The Department of Student Life will assist in printing schedules, getting directions and maps, and provide snacks under the blue tents.

**Event:** Spirit Day

**Date:** Wednesdays

**Time:** 11:00 am – 1:00 pm

**Location:** Building 1 Crossroads – SW Campus

**Summary:** Wear your favorite SPC shirt or royal blue & white and stop by Crossroads in Building 1.

## Disability Services – SW Campus

For more information, contact Maria Botello @ 486-2199.

**Event:** Disability Services - LIFEspace Center at St. Philip's College-Southwest (A resource for students in need of information on disability services, counseling, community referrals, and general VA information.)

**Date:** Thursdays Spring 2016

**Time:** 8:00 am – 5:00 pm

**Location:** Building 1, Room A-135 – SW Campus

## Tutoring Services – SW Campus

For more information, contact Kevin Schantz @ 210-486-2246.

**Event:** Tutoring

**Days & Times:** Monday – Wednesday 10:00 am – 12:00 pm; 1:00 pm – 4:00 pm

Thursday 9:00 am – 11:00 am; 12:00 pm – 4:00 pm

**Location:** Learning Resource Center/Library (Room C123, Building #1) – SW Campus

**Summary:** Let us help you improve your grades!

**Event:** Seminars on Success (SOS)

**Days:** Wednesdays

**Times:** 11:00 am – 1:00 pm

**Location:** Crossroads, Building #1 – SW Campus

**Summary:** This seminar will help you develop the skills you need to excel as a college student. Topics in March will include Succeeding in Class, Study Smarter, Reading a Textbook, Managing your Time, and the Writing Process.



## **St. Philip's College Student Government Association**

Are you interested in being a part of the St. Philip's College leadership team? Do you want to serve your fellow students as an advocate? Do you want an opportunity to enhance your leadership skills and college resume? If so, there are opportunities available with the St. Philip's College Student Government Association.

Available positions include:

- President
- Vice-President of the MLK Campus
- Vice-President of the SW Campus
- Secretary
- Treasurer
- Historian
- Parliamentarian

Applications are available **NOW!** Stop by the Department of Student Life at the MLK Campus (NTB 327) or SW Campus (Building 1, D-143). The **DEADLINE** is Friday, March 4<sup>th</sup> at 12:00 noon.

**Campaigning: March 7-25**

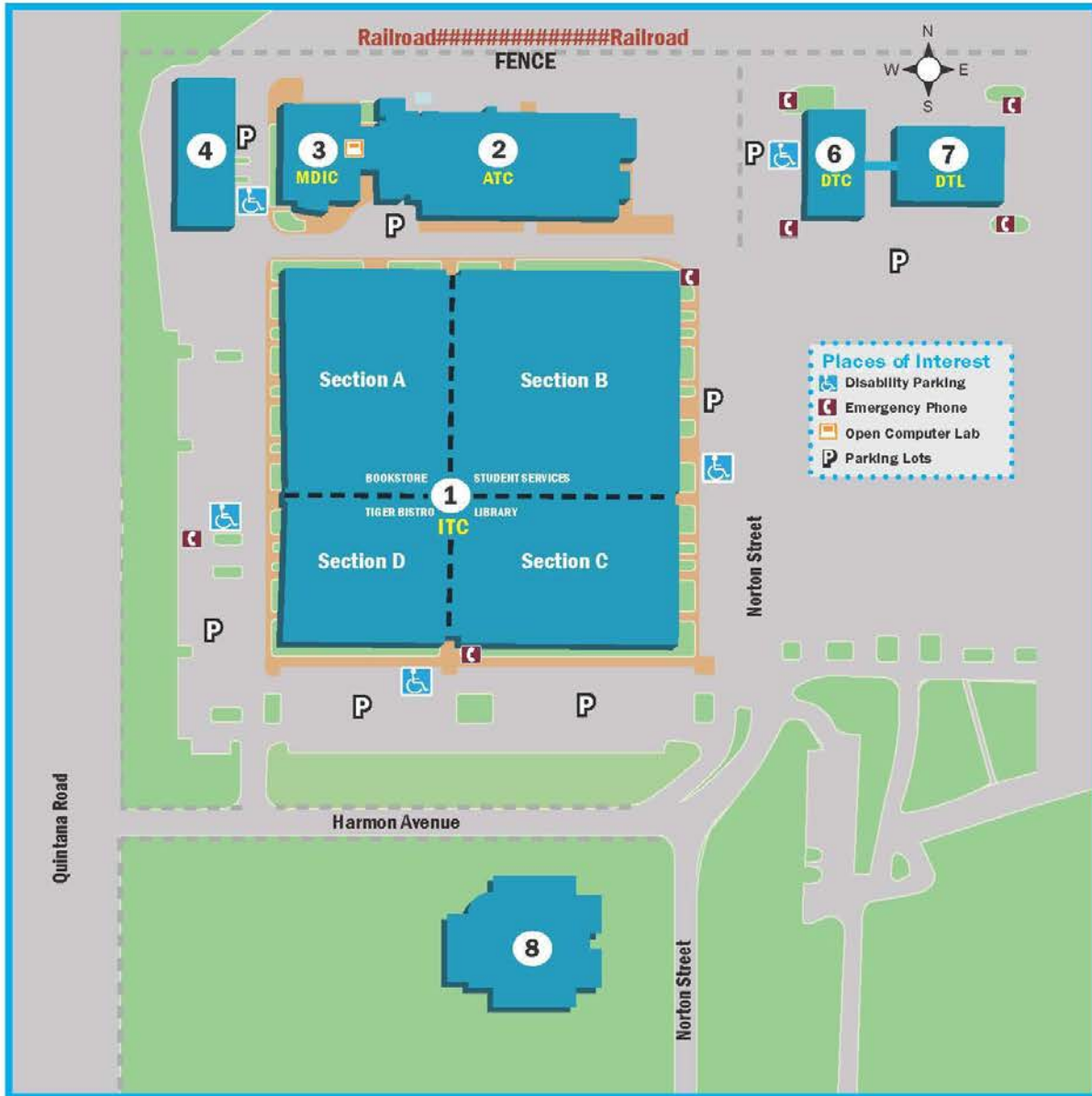
**Online Voting: March 28-April 1.**





- |  |   |
|--|---|
| 1 Watson Fine Arts Center (WFAC)   | 12 Campus Center (CC)   |
| 2 Applied Science Building (ASB)   | 13 Turbon Student Center (TURB)                                   |
| 3 Grounds Building (GB)  | 14 Bowden (BOWD)  |
| 4 Continuing Education (CEB)   | 15 Electrical Plant (EP)  |
| 5 Maintenance (M)  | 16 Campus Police (DPS)  |
| 6 Central Plant (CP)   | 17 Learning and Leadership Development Center (LLDC)              |
| 7 Health and Fitness Center (HFC)  | 18 Child Development Center (CDC)                                 |
| 8 Welcome Center (WEC)<br>Center for Health Professions (CHP)<br>Center for Learning Resources (CLR) | 19 Tennis Courts  |
| 9 William C. Davis Science Building (SCI)  | 20 Future Veterans Outreach & Transition Center - 1602 Dakota St. |
| 10 Sutton Learning Center (SLC)  | 21, 22, 23 Portable Buildings                                     |
| 11 Norris Technical Building (NTB)   |   |





- 1 Industrial Technology Center (ITC), Building 1
- 2 Aircraft Technology Center (ATC), Building 2
- 3 Multi-Disciplinary Instructional Center (MDIC), Building 3
- 4 Building 4
- 6 Diesel Technology Center (DTC), Building 6
- 7 Diesel Technology Lab (DTL), Building 7
- 8 Workforce Center for Excellence, Building 8