



COVID-19

Quarantine Guidance for Employees

On August 24, 2022, the CDC updated guidance for isolation of individuals who have been exposed to someone with COVID-19. Alamo Colleges has updated its procedures for isolation and quarantine to align with this new guidance from the CDC as follows:

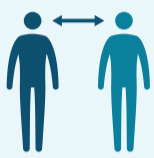
TESTING POSITIVE FOR COVID-19

Guidance for Unvaccinated and Vaccinated Employees



STAY HOME FOR 5 DAYS

- Notify your supervisor if you test positive for COVID-19.
- Use your available sick leave or other leave for pay continuation.
- Use the [CDC Isolation and Exposure calculator](#) to determine your status.



IF YOU'RE FEELING BETTER OR SYMPTOMS ARE RESOLVING AFTER 5 DAYS

- If you have no symptoms, or symptoms are resolving after 5 days, speak with your Supervisor about returning to work on-site.
- If you have access to a test and want to get tested, the best approach is to use an antigen test towards the end of the 5 day isolation period. Do not take a PCR test for 90 days after testing positive as it will continue to read positive.
- Keep a safe distance from others and avoid gathering in crowded spaces.



CONTINUE TO WEAR A MASK FOR AN ADDITIONAL 5 DAYS

- If your symptoms are resolving after 5 days, your Supervisor will clear you to return to work on-site wearing a well-fitted mask for another 5 days.
- If your symptoms are not resolving or you are unable/unwilling to wear a mask for an additional 5 days, you will be required to stay home in a non-work status and use any available sick leave or other leave.
- Your Supervisor will work with you to determine when you will be cleared to return to work on-site.

EXPOSED TO SOMEONE WITH COVID-19



WEAR A MASK AROUND OTHERS FOR 10 FULL DAYS.



IF YOU DEVELOP SYMPTOMS, GET TESTED AND STAY HOME.



GET TESTED AT LEAST 5 FULL DAYS AFTER YOUR LAST EXPOSURE.

DEFINITIONS

- **Exposed** - you have been in close proximity (within 6 feet) for more than 15 minutes with someone who had COVID-19 symptoms or tested positive.
- If you are exposed, follow steps above for exposure cases.
- If you are unable/unwilling to wear a well-fitting mask for 10 days, you will be required to stay home and use any available sick leave or other leave.
- Your supervisor will work with you to determine when you will be cleared to return to work on-site.
- * **Up to Date on Vaccines** - When you have received all doses in the primary series and all boosters recommended for you, when eligible.
- * **Not Up to Date on Vaccines** - Unvaccinated or when you have not received all doses in the primary series or all eligible booster recommended for you.

REMOTE WORK

Your supervisor may direct you to work from home if your job can be performed remotely, you believe that you are well enough, and your supervisor determines that such remote work would be particularly valuable to the College District during the pendency of your quarantine.